Revive

Nurturing systems through consultation and therapy to strengthen children’s emotional well-being.

WHAT IS REVIVE?

REVIVE is a partnership team between Blackburn with Darwen Borough Council and east Lancashire Hospitals NHS Trust to provide emotional health support for children known to the Local Authority. The service, based on the second floor at 10 Duke Street, is easily accessible to social workers and friends and family support workers.

WHAT WE DO?

The support offered may take the form of consultation to professionals involved in a young person’s care, direct assessment if a young person’s situation or ongoing therapeutic work with the young person and the wider network. We also provide training and support to professionals across the Local Authority. If you think REVIVE could be helpful for a child or young person in your care speak to your Social Worker and they can give you more information.

WHAT HAPPENS NEXT?

On receipt of a referral a member of the team will arrange a consultation date with you, normally within 2-3 weeks. The consultation is a chance for key professionals involved in a child’s care to think together in a psychological framework about the young person’s needs. Advice on how to prepare for the consultation can be found in our ‘*what to expect’* section.

After the consultation the team will discuss what further support and intervention is required and advice where that support should come from.

CONSOLTATION– *What to expect*

Psychological consultation is an opportunity to think about how a young person’s emotional needs can best be met given their own specific history and current experiences. One or two members of the REVIVE team will meet you and ley professionals involved in a young person’s care. Each consultation can last up to 90 minutes long, and will be booked into a room at Duke Street, using the online calendars.

HOW TO PREPARE?

Each person attending will be asked what they want to achieve from the consolation, and we would encourage all attendees to be thoughtful prior to the consultation about what questions they would want to be answered. These questions might be about long term care planning or about concerns for the child’s current or future emotional well-being. Any documents which provide a detailed background of the child’s history will be helpful to the tea, to help preparation prior to the consultation.

WHO TO INVITE?

The child’s social worker should always attend. The REVIVE team will also expect the child’s social worker to think about which other people should be present in the consultation. It is always useful to have a child’s current foster carer and their supervising social worker. Also social workers may want to consider inviting family support workers or school professionals, particularly if these people know the children well. It is not always helpful to have birth parents in the consultation, even if the child is living with parents, and we would ask social workers to discuss with a member of the team before inviting birth family.

WHAT IF I CAN’T MAKE IT?

We recognise that emergencies often come up in this line of work. If you cannot make a consultation we are grateful if you can give as much notice as possible, by emailing revive.admin@blackburn.gov.uk and we will rearrange. The consultation slots are limited, and we can normally re-fill a consultation slot given 48 hours’ notice. If you cancel on the day of the consultation it means there are fewer slots available for colleagues. If the social worker does not attend the consultation without any notice given we will email the social worker and copy their manager in, as this leads to significant wasted time for everyone.

**Therapeutic Work Offered**

**Attachment Based Therapy** – Based on the Dyadic Development Psychotherapy (Dan Hughes) and Theraplay® techniques, focussed on building a young person’s ability to form secure and lasting relationships.

**Play Therapy** – Weekly play based therapy, creating a safe space for children to explore, process and resolve past hurts and current stresses.

**Foster Carer Consultation** - Regular support o carers to help manage a young person’s challenging emotional and behavioural difficulties.

**Regular Consultation Provided to:**

**ELCAS Consultation Panel** – Monthly panel with ELCAS Manger and Psychiatrist, providing forum for discussion about complex cases.

**The Limes** – Regular team supervision offered to the intensive support team based at the Limes providing support to children on the edge of care.

**Children’s Home** – Monthly team consultation to Cherry Tree and Whalley New Road Children’s Home.

**Family Support and Contact Officers** – Monthly consultation and training to Early Years’ Service.

**ENGAGE** – Monthly team consultation to ENGAGE team, for children at risk of child sexual exploitation (CSE).

**Post Adoption Team** – Support and consultation to Post Adoption team (part of Adoption NOW).

**SDQ Panel** – This panel regularly reviews the scores on the Strengths and Difficulties Questionnaire sent annually to all children in care for longer than 12 months.